



# If you're concerned about your child's...

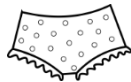
**Behaviour**



**Sleep**



**Continence**



**Diet**



**Emotional wellbeing**



**Your Public Health Nursing Team (School Nurses) offer advice clinics at school where you can access help and support.**

**See school diary dates for clinic dates/times**

**Health  
for Kids!**



**You can also use ChatHealth to text a Public Health Nurse for advice.**



- **Leicestershire/Rutland: text 07520 615382**

**ChatHealth is a secure messaging service which operates Monday-Friday, 9am - 5pm. During this period messages are responded to within 24 hours.**