

## SEMH: Mental Health First Aid Training for Schools

	Comments
<b>Purpose of training</b>	To provide school staff with an understanding of mental health difficulties and strategies to support relevant pupils.
<b>How does school intend to implement the training?</b>	School have begun roll out of MHFA training for all staff to further develop awareness.
<b>Benefits of course</b>	<ul style="list-style-type: none"><li>- Practical strategies.</li><li>- Introduction of the ALGEE approach to support pupils presenting with mental distress.</li><li>- Opportunities to share experiences and support strategies/success stories with staff from other settings.</li><li>- Signposting to support lines/web sites, resources.</li><li>- SEMH Lesson plans provided.</li><li>- Beneficial for further shaping policies/procedures.</li></ul>

### KEY:

EHCP – Education Health and Care Plan

IEP – Individual Education Plan

LCC – Leicestershire County Council

ARE – Working at age-related expectations

GDR – Working at greater depth within the expected standard

**Comments:**

Support for pupils with SEN at Newton Burgoland School is consistently excellent and pupil progress is very good.

Pupils with SEMH receive very good care and support and the school is proactive in further developing skills and knowledge in this area for all staff.

**Recommendations:**

1. Share findings with Governing body at main meeting.
2. Share existing skills and knowledge within the staff team on SEMH as new information/guidance becomes available.
3. Consider a parent workshop on SEMH to support parents in developing their children's mental health and well-being and enhance communication regarding this area.
4. To monitor impact of the mental health CPD in the new academic year and consider value for money.

*H. Goodwin*