

Hello,

My name is **Michelle Greaves** and I am your School's **Healthy Child Programme Nurse** (previously known as School Nurse).



If you require any support or advice around your child's health needs then please come along and see me at my School drop in clinic. Please ask at reception for when this is held.

School will send out a reminder nearer the time, there is no need to book an appointment.

Many concerns can be discussed at the clinic, see below for some examples:

- **Toileting**
- **Diet and Nutrition**
- **Behaviour**
- **Sleep**
- **Emotional health and well-being support**

You can also access the Health for Under 5's Website www.healthforunder5s.co.uk and our Health for Kids website www.healthforkids.co.uk where your children can learn about their physical and emotional health in a fun interactive way.

Parents & carers are welcome to contact us on the following number if they have concerns about their child's health:

01530 468 570

I look forward to meeting you in School soon.