



PSHCE Policy

Adopted: 11-03-23

Issue: 2

Review: 10/25

Introduction

This policy covers our approach to Personal, Social, Health and Economic education (PSHE) and Citizenship education. It aims to set out the purpose of PSHE and Citizenship education and the intended outcomes for pupils; it also includes our curriculum coverage and how it is delivered.

This policy takes into consideration the following legal requirements, national strategies and government guidance:

- Education Act
- Academies Act
- Department for Education Guidance for Personal, Social, Health and Economic (PSHE) Education 2020
- Department for Education Guidance for the teaching of the statutory Relationships Education, Relationships and Sex Education (RSE) and Health Education 2020

We believe PSHE and Citizenship education is integral to many aspects of school life and this policy should be cross- referenced to the following related policies:

- | | |
|-----------------------------------|---------------------------------------|
| • Equality and Diversity | • Anti-Bullying |
| • Relationships and Sex Education | • Continuing Professional Development |
| • Behaviour and Attendance | • Safeguarding and Child Protection |
| | • Confidentiality |

PSHE and Citizenship education is currently a non-statutory subject. However, section 2.5 of the national curriculum asserts all state schools 'should make provision for personal, social, health and economic education (PSHE)'. The PSHE Association states that, 'PSHE education contributes to schools' statutory duties outlined in the Education Act 2002 and the Academies Act 2010 to provide a balanced and broadly-based curriculum and is essential to Ofsted judgements in relation to personal development, behaviour, welfare and safeguarding.' In addition, the Relationships and Health and Wellbeing areas of PSHE and Citizenship education have been compulsory in primary schools since September 2020.

We believe PSHE and Citizenship education is an important and necessary part of all pupils' education. In our school, it is a key element of school life and, as well as explicit teaching sessions which will draw on good practice and national recommendations, it will be built into many aspects of the wider curriculum. Our school believes PSHE and Citizenship education is a shared responsibility of school staff, parents, carers, pupils and, where appropriate, the wider community.

Intent

We want children to be equipped with the essential skills for a happy and fulfilling life. We want them to have safe and healthy lifestyles; build and sustain positive relationships; have positive attitudes toward learning – knowing that mistakes and misunderstandings help us learn and do not make us failures.

We appreciate that at some point in our lives we all experience difficulties which can make us vulnerable, therefore, through partnerships with parents, our ethos, our curriculum and where needed additional support we;

- help children to understand their emotions and feelings better
- help children feel comfortable sharing any concerns or worries
- help children socially to form and maintain relationships
- promote self-esteem and ensure children know that they count
- encourage children to be confident and 'dare to be different'
- help children to develop emotional resilience.

All learners should have a voice and be heard. All ideas are valid but open to respectful challenge. PSHCE is a powerful and empowering subject, helping to prepare our children for their life now and in the future. We want to ensure that our pupils recognise everyone's value in society, have a good understanding of British values and have a strong, positive view of themselves and the contributions they can make. We want them to strive to build brighter futures by being aware of current issues, thinking carefully about how they can contribute to a better future for all and for our planet. We want all our learners to believe that they can be powerful ambassadors for change in our world and that anything is possible if we work together with moral purpose.

We want to ensure that all children at Newton Burgoland Primary school have the opportunity to develop their leadership and collaboration skills through additional responsibilities such as School Council, diversity Champions, Internet Safety champions, Sports Ambassadors and the Eco Team. We want to make sure that our children are well-informed about the problems that the planet faces and are thoughtful about the ways in which everyone can help.

We want all children to feel that the PSHCE curriculum is relevant to them and meets their needs so in key stage 2 our pupils work together to look at 'Fridays for the Future' exploring themes which matter to them and watch news round daily to be able to explore values, current events and feelings.

Implementation

We adopted a new scheme for PSHE, relationship and citizenship education as a response to the COVID19 pandemic and pupil need. We worked with and consulted our parents to develop our RSE policy in 2020.

The National Curriculum is fully in place at Newton Burgoland Primary School. Our adopted scheme of work “Twinkl Life’s PSHE and Citizenship” is fully in line with the Learning Outcomes and Core Themes provided by the PSHE Association [Programme of Study](#) which is widely used by schools in England and is recommended and referred to by the DfE in all key documentation relating to PSHE provision in schools. This scheme of work covers all of the required objectives and follows the three core areas of Health and Wellbeing, Relationships and Living in the Wider World. The scheme of work fulfils the requirements of 2020 Statutory Relationships and Health Education, setting these learning intentions in the context of a broad and balanced PSHE curriculum.

At Newton Burgoland Primary School our PSHE lessons are creative, adopting approaches such as role play, discussion and playing games to explore the key areas. Key words are taught in each unit making sure that children build a rich vocabulary for PSHE and develop a good understanding. All of the units in the scheme of work are revisited and built on every 2 years creating a spiralling curriculum. This ensures that children build on what they have already learned, explore the underlying principles of PSHE regularly ensuring depth and are accessing content at an age appropriate level. We have decided that the “our bodies” and “growing up” units need to be covered every year to ensure that our program is meeting the needs of all children at the right stage of their personal development. Please find a breakdown of all objectives covered in the scheme here on our [school website](#).

Our curriculum plans identify where we will focus on each of the learning habits throughout the year with the children. These are discussed regularly with the children and our reward system focus’ on celebrating achievements within the learning habits (class dojos). Learning habits form the focus for our Friday celebration assembly and achievements are displayed and shared with our school community and parents.

Forest school provision is planned with the learning habits at its core, ensuring that we provide as many opportunities for practising these skills as possible for pupils throughout their time in school.

At Newton Burgoland we are exploring how we can introduce active learning/continuous provision across the school to allow children time to work on their personal targets and development, as we feel that this self-reflection and development is a crucial skill for life.

Our PSHCE curriculum will be carried out in each key stage as follows:

Implementation

KS1 units

Class one and two will teach the units at the same time. Over the 3 years all unit's will be covered. EYFS will join in with the units due to having mixed age classes. It's my body will be covered every year. There are some extra unit's to be taught for year 2. Digital wellbeing will addressed in with E-Safety.

	Relationships	Living in the wider world	Health and Well-being
Year A	Be yourself	Aiming High	It's my Body and Safety First
Year B	TEAM	One World	It's my Body and Think Positive
Year C	VIP's	Diverse Britain	It's my Body

Additional units: Digital wellbeing – link in where we do E-Safety

Year 2 additional units: Money Matters and Growing up.

KS2 units

In KS2 these are the units to be covered over 2 years. There are separate units under each heading for LKS2 and UKS2 that build on the work covered in KS1. They cover the 3 core headings relationships, health and well being and living in the wider world as in KS1.

Year A	TEAM (Relationships) Aiming High (Living in the wider world)	Safety First (Health and well being) Digital well-being (Relationships) Thinking Positive (Health and well being)	It's my Body (Health and well being) Growing up (Health and well being)
Year B	VIP's (Relationships) Be yourself (Relationships)	One world (Living in the wider world) Money Matters (Living in the wider world) Diverse Britain (Living in the wider world)	It's my Body (Health and well being) Growing up (Health and well being)

PSHCE 23/24

This is how the whole school team will ensure the implementation of our PSHE curriculum:

To ensure that PSHCE is implemented as intended:

- Our governing body will work closely with school staff to monitor the teaching and learning of PSHE and Citizenship education.
- Our headteacher and senior leaders will support all staff in school in the preparation and delivery of PSHE and Citizenship education and work to create a school ethos which supports and upholds content in the curriculum
- Our PSHE and Citizenship education subject leader will create and implement a whole school scheme of work appropriate to our school setting. They will also support and monitor teaching and learning in this area.
- Our class teachers will deliver high quality weekly PSHE and Citizenship education lessons which follow the school's scheme of work and current best practice.
- Our support staff will enhance the delivery of PSHE and Citizenship by providing targeted intervention wherever needed.
- Our pupils will engage respectfully and responsibly with all taught content.
- Our parents and carers will be fully informed about what their children will be learning and will be actively encouraged to participate in the curriculum where appropriate.

IMPACT

Our children know that Newton Burgoland Primary school is their school. They have strong sense of belonging and pride in their school community. They feel that their school is a safe place with trusted adults who will support them.

Personal development is strong and prepares pupils well for the next stage of education.

Governor monitoring, pupil surveys and feedback from visitors tell us how fantastic our pupils are.

Confidentiality

For any child wishing to discuss something confidential relating to the lesson content, an opportunity will be provided in which the policies and protocols of safeguarding and confidentiality are adhered to.

CPD

The professional development needs of all staff in relation to the teaching and learning in PSHE and Citizenship education will be regularly assessed and monitored and relevant training and support provided. The subject leader for PSHE and Citizenship will regularly disseminate best practice, working closely with the SLT and named governor.

Working with parents, carers and the wider community

We greatly value our parents and carers; we believe that their understanding of PSHE and Citizenship and what their children will be learning is vital in gaining optimum outcomes.

Details of what each unit entails will be shared on the [school website](#).

Parents and carers will be consulted to discuss the teaching of more sensitive content. Parents and carers are invited to view this policy and our curriculum at any point.

We are committed to following government guidance on the rights and responsibilities of parents and carers concerning PSHE and Citizenship education.

"I think it is vital to normalise talking about these things to children, so that it isn't embarrassing, taboo or awkward. The fuss I hear every year when these classes start always stuns me - its not promoting sex, making them grown up too fast or inappropriate content, it is helping them feel comfortable to speak about it and ask questions and get the right information. I'm very confident this will all be delivered in an age appropriate way.

If my children ask anything I tell them - I never want anything to be a surprise or seems frightening! It is our job to help children be ready for this ever-changing world, where they are expected to make very grown up decisions early - shielding these things from children is not helpful.'

Parent RSE survey response 2020

Monitoring

The staff members responsible for monitoring teaching and learning in PHSE and citizenship are: Mrs Sue Ward (Headteacher), Mrs Nicola Hall (PSHE Lead).

Our arrangements for consulting with pupils:

To consult with pupils, we will involve them in regular self-reflection and discussion about their learning and enable them to raise additional learning they feel is needed; we will also consider what has been learned and how it can be implemented successfully in school.

Key action points learnt through our monitoring and evaluation will be fed into our self-evaluation process.

Reviewing and Updating the policy

This policy was agreed by staff and governors in March 24

All stakeholders will next be consulted in July 25

The policy will be next reviewed and updated in October 25/26

Signed: