



Newton Burgoland
Primary School



Young Carers Policy

Issue: 2

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Review: 03/26

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Young Carers Policy

Young Carer Provision at Newton Burgoland Primary:

At our school we are aware that pupils may have caring roles at home. We believe that children and young people should have equal access to education, regardless of what is happening at home and that no child should have to take on inappropriate or excessive caring responsibilities. We recognise that a young carer (and/or their family), may need a little support, to help them get the most out of school.

We aim to:

- understand the issues faced by young carers
- support young carers through a whole school approach
- work in partnership with other agencies and professionals
- support the whole family, with the needs of the young carer at the centre of this

The school's Young Carer Champion is: Mrs Sue Ward

A young carer is a person under 20 years of age, who provides or intends to provide care for another person (of any age, except where that care is provided for by payment, pursuant to a contract or as voluntary work). This also relates to care for any family member who is physically or mentally ill, disabled or misuses substances. We recognise that helping around the house is a normal part of growing up for many children, however we are aware that young carers regularly carry out caring tasks and assume a level of responsibility, which is often inappropriate to their age.

It is proven that caring responsibilities can lead to negative impacts upon attendance (& punctuality), behaviour and attainment. Identifying and supporting young carers is an effective way of improving the attainment and attendance of this pupil group; who are specifically mentioned in Ofsted's evaluation inspection schedule. We believe that by supporting young carers and their families, we can strengthen families and support parenting.

A young carer may:

- struggle to attend school and struggle to make good progress in school
- experience bullying and may struggle to build relationships

- experience concentration problems, emotional outbursts, tiredness, anxiety, stress, problems with health & wellbeing, isolation, low self-esteem and low mood.
- experience emotional or physical wellbeing issues which can affect their prospects in education and life.

A young carer may be involved in:

- practical tasks such as preparing meals
- physical care such as lifting, helping a parent on stairs or with physiotherapy
- domestic tasks; such as cleaning, managing the family budget, paying bills, collecting benefits and prescriptions.
- personal care; such as washing, dressing, administering medication, changing dressings, and/or helping with toileting needs
- looking after or "parenting" siblings
- emotional support; such as staying at home to keep someone the person they care for company.
- interpreting, due to a hearing or speech impairment or because English is not the family's first language.

What we will do at Newton Burgoland Primary:

1. We will have a named member of staff with the lead responsibility for young carers, with the title of **Young Carers Champion**. They will be the main point of contact for all issues concerning young carers and their support. If a young carer transfers to another school from our school, the Young Carers Champion will liaise with the Champion at the new school regarding the support required.
2. We will endeavour to identify young carers and offer them support, so that they can access fulltime education. This offer of support may include:
 - referral to the Local Authority's commissioned Assessment & Support Service for Young Carers
 - referral to the Local Authority's Young Carers respite groups

- referral to the Local Authority's Young Carers ID card scheme
 - referral to relevant agencies
 - signposting to relevant sources of information, advice and guidance
3. We will treat all young carers in a sensitive and child centred way. We will uphold confidentiality and follow data protection regulations
 4. We will follow child protection & safeguarding procedures, regarding any young carer that is at risk of significant harm, due to inappropriate caring responsibilities
 5. We recognise that every young carer's situation is different and that flexibility is required when responding to their needs. We can consider 'reasonable adjustments' to assist a young carer such as ; access to a telephone during breaks and lunchtime, negotiable homework deadlines, access to homework clubs, access for parents with mobility issues and alternative communication options for parents with sensory impairment or who are housebound.

Young carers and schools

Schools have been asked to endeavour to identify young carers and to ensure that they have the same access to a full education and career opportunities as their peers. They will make a bespoke offer of support, on an Action Plan which may include:

- A referral to the Local Authority's commissioned support service via First Response (on the advice line **0116 305 5500** (Monday to Friday 9am - 4.30pm) or multiagency referral form <https://leicestershirecc.firmstep.com> to request the assessment and support service. Young people and their parents can refer themselves by telephoning 0116 305 0005.
- A referral to the Local Authority's commissioned respite support groups (Young Carer youth groups) by the same methods as the assessment service.
- A referral to Young Carers ID card scheme: www.leics.gov.uk/young_carer
- Signposting to the Carers Trust youth website <https://babble.carers.org/>

- Signposting to the Get Connected helpline
- Signposting and/or referral to other agencies
- Information and advice (for instance, an adult may be able to get help at home from Adults & Communities by telephoning 0116 305 0004)

Support for Young Carers

- <http://www.carers.org/>
- <http://www.barnardos.org.uk/carefree.htm>

Here are some other websites we thought you might find useful

- [Leicestershire County Council](#)
- [Leicester City Council](#)
- [Leicester City Council - Early Help](#)
- [Centre for child and family research](#)
- [Youngcarers.net](#)
- [Childline](#)
- [NHS Choices](#)
- [Health for Kids](#)
- [Youngminds](#)
- [Niace](#)